

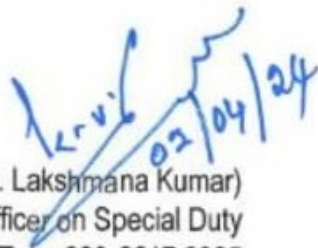
अप्रैल / April 02, 2024

कार्यालय ज्ञापन/OFFICE MEMORANDUM

Subject: - CHSS – Home Physiotherapy –revised guidelines - reg:

Department is in receipt of various references seeking clarification on reimbursement of expenditure incurred by CHSS beneficiaries towards Home Physiotherapy services. The matter has been examined and after considering all the relevant factors, in supersession of DOS OM No. D-11011/3/2012-V dated 12.04.2014, the following guidelines are issued:

- [a] **Orthopaedic disorders:** In continuation of surgeries involving lower limbs (joint or bone), post discharge, Home Physiotherapy may be allowed up to two weeks, subject to a ceiling of not more than three times in a week.
 - [b] **Neurological disorders:** Home Physiotherapy may be considered up to three-months subject to a ceiling of not more than three times in a week, in the cases of (a) Post-stroke, (b) Traumatic brain injury, (c) Gullian-Barre syndrome, (d) Spinal cord injury with significant disability/deformity, and (e) Motor neuron diseases.
 - [c] Prior permission of the Competent Authority shall be obtained before undergoing Home Physiotherapy.
 - [d] Home physiotherapy should be based on thorough evaluation and specific prescription including frequency and duration, by a Physical Medicine and Rehabilitation (PMR) Specialist/ treating Specialist having allopathic Post-Graduate qualifications in Orthopaedics/Neurology/ Neurosurgery only.
 - [e] Home physiotherapy can be availed from any qualified Therapists. However, the reimbursement shall be limited to the rates as per CHSS schedule of rates
 - [f] No reimbursement is allowed for the purchase/hiring of therapy equipments/ devices.
2. Pending cases, if any, may be regulated in accordance with the above guidelines.
 3. This issues with the approval of the Competent Authority.


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सेवा में / To

1. All CHSS Administering Authorities in DOS/ISRO Centres/Units.
2. Directors of all DOS/ISRO Centres/Units
3. Administrative Heads of all DOS/ISRO Centres/Units.

Cc:

1. Scientific Secretary, ISRO
2. Directors of all Autonomous bodies (ABs) under DOS
3. CMD, Antrix/NSIL
4. Joint Secretary, IN-SPACe
5. All CMOs/MOs in DOS/ISRO Centres/Units
6. Head (Internal Audit), CIAW, DOS